Wheat and Rice: During the period 1960 to 2000, wheat production increased from 11 million tonnes to 75 million tonnes while rice production went up from 35 million tonnes to 89.5 million tonnes. This was due to the development of semi-dwarf varieties of wheat and rice. Nobel laureate Norman E. Borlaug, at International Centre for Wheat and Maize Improvement in Mexico, developed semi-dwarf wheat. In 1963, several varieties such as *Sonalika* and *Kalyan Sona*, which were high yielding and disease resistant, were introduced all over the wheat-growing belt of India. Semi-dwarf rice varieties were derived from IR-8, (developed at International Rice Research Institute (IRRI), Philippines) and Taichung Native-1 (from Taiwan). The derivatives were introduced in 1966. Later better-yielding semi-dwarf varieties *Jaya* and *Ratna* were developed in India.

Sugar cane: *Saccharum barberi* was originally grown in north India, but had poor sugar content and yield. Tropical canes grown in south India *Saccharum officinarum* had thicker stems and higher sugar content but did not grow well in north India. These two species were successfully crossed to get sugar cane varieties combining the desirable qualities of high yield, thick stems, high sugar and ability to grow in the sugar cane areas of north India.

Millets: Hybrid maize, jowar and bajra have been successfully developed in India. Hybrid breeding have led to the development of several high yielding varieties resistant to water stress.

9.2.2 Plant Breeding for Disease Resistance

A wide range of fungal, bacterial and viral pathogens, affect the yield of cultivated crop species, especially in tropical climates. Crop losses can often be significant, up to 20-30 per cent, or sometimes even total. In this situation, breeding and development of cultivars resistant to disease enhances food production. This also helps reduce the dependence on use of fungicides and bacteriocides. Resistance of the host plant is the ability to prevent the pathogen from causing disease and is determined by the genetic constitution of the host plant. Before breeding is undertaken, it is important to know about the causative organism and the mode of transmission. Some of the diseases caused by fungi are rusts, e.g., brown rust of wheat, red rot of sugarcane and late blight of potato; by bacteria – black rot of crucifers; and by viruses – tobacco mosaic, turnip mosaic, etc.

Methods of breeding for disease resistance: Breeding is carried out by the conventional breeding techniques (described earlier) or by mutation breeding. The conventional method of breeding for disease resistance is that of hybridisation and selection. It's steps are essentially identical to those for breeding for any other agronomic characters such as high yield. The various sequential steps are : screening germplasm for resistance sources, hybridisation of selected parents, selection and evaluation of the hybrids and testing and release of new varieties.

Some crop varieties bred by hybridisation and selection, for disease resistance to fungi, bacteria and viral diseases are released (Table 9.1).

Table 9.1

Crop	Variety	Resistance to diseases
Wheat	*Himgiri*	*Leaf and stripe rust, hill bunt*
Brassica	*Pusa swarnim (Karan rai)*	*White rust*
Cauliflower	*Pusa Shubhra, Pusa Snowball K-1*	*Black rot and Curl blight black rot*
Cowpea	*Pusa Komal*	*Bacterial blight*
Chilli	*Pusa Sadabahar*	*Chilly mosaic virus, Tobacco mosaic virus and Leaf curl*

Conventional breeding is often constrained by the availability of limited number of disease resistance genes that are present and identified in various crop varieties or wild relatives. Inducing mutations in plants through diverse means and then screening the plant materials for resistance sometimes leads to desirable genes being identified. Plants having these desirable characters can then be either multiplied directly or can be used in breeding. Other breeding methods that are used are selection amongst somaclonal variants and genetic engineering.

Mutation is the process by which genetic variations are created through changes in the base sequence within genes (see Chapter 5) resulting in the creation of a new character or trait not found in the parental type. It is possible to induce mutations artificially through use of chemicals or radiations (like gamma radiations), and selecting and using the plants that have the desirable character as a source in breeding – this process is called **mutation breeding**. In mung bean, resistance to yellow mosaic virus and powdery mildew were induced by mutations.

Several wild relatives of different cultivated species of plants have been shown to have certain resistant characters but have very low yield. Hence, there is a need to introduce the resistant genes into the high-yielding cultivated varieties. Resistance to yellow mosaic virus in *bhindi* (*Abelmoschus esculentus*) was transferred from a wild species and resulted in a new variety of *A. esculentus* called *Parbhani kranti*.

All the above examples involve sources of resistance genes that are in the same crop species, which has to be bred for disease resistance, or in a related wild species. Transfer of resistance genes is achieved by sexual hybridisation between the target and the source plant followed by selection.

9.2.3 Plant Breeding for Developing Resistance to Insect Pests

Another major cause for large scale destruction of crop plant and crop produce is insect and pest infestation. Insect resistance in host crop plants may be due to morphological, biochemical or physiological characteristics. Hairy leaves in several plants are associated with resistance to insect pests, e.g, resistance to jassids in cotton and cereal leaf beetle in wheat. In wheat, solid stems lead to non-preference by the stem sawfly and smooth leaved and nectar-less cotton varieties do not attract bollworms. High aspartic acid, low nitrogen and sugar content in maize leads to resistance to maize stem borers.

Breeding methods for insect pest resistance involve the same steps as those for any other agronomic trait such as yield or quality and are as discussed earlier. Sources of resistance genes may be cultivated varieties, germplasm collections of the crop or wild relatives.

Some released crop varieties bred by hybridisation and selection, for insect pest resistance are given in Table 9.2.

Table 9.2

Crop	Variety	Insect Pests
Brassica (rapeseed mustard)	*Pusa Gaurav*	*Aphids*
Flat bean	*Pusa Sem 2, Pusa Sem 3*	*Jassids, aphids and fruit borer*
Okra (Bhindi)	*Pusa Sawani Pusa A-4*	*Shoot and Fruit borer*

9.2.4 Plant Breeding for Improved Food Quality

More than 840 million people in the world do not have adequate food to meet their daily food and nutritional requirements. A far greater number – three billion people – suffer from micronutrient, protein and vitamin deficiencies or 'hidden hunger' because they cannot afford to buy enough fruits, vegetables, legumes, fish and meat. Diets lacking essential micronutrients – particularly iron, vitamin A, iodine and zinc – increase the risk for disease, reduce lifespan and reduce mental abilities.

Biofortification – breeding crops with higher levels of vitamins and minerals, or higher protein and healthier fats – is the most practical means to improve public health.

Breeding for improved nutritional quality is undertaken with the objectives of improving –

(i) Protein content and quality;
(ii) Oil content and quality;
(iii) Vitamin content; and
(iv) Micronutrient and mineral content.

In 2000, maize hybrids that had twice the amount of the amino acids, lysine and tryptophan, compared to existing maize hybrids were developed. Wheat variety, Atlas 66, having a high protein content, has been used as a donor for improving cultivated wheat. It has been possible to develop an iron-fortified rice variety containing over five times as much iron as in commonly consumed varieties.

The Indian Agricultural Research Institute, New Delhi has also released several vegetable crops that are rich in vitamins and minerals, e.g., vitamin A enriched carrots, spinach, pumpkin; vitamin C enriched bitter gourd, *bathua*, mustard, tomato; iron and calcium enriched spinach and *bathua*; and protein enriched beans – broad, lablab, French and garden peas.

9.3 Single Cell Protein (SCP)

Conventional agricultural production of cereals, pulses, vegetables, fruits, etc., may not be able to meet the demand of food at the rate at which human and animal population is increasing. The shift from grain to meat diets also creates more demand for cereals as it takes 3-10 Kg of grain to produce 1 Kg of meat by animal farming. *Can you explain this statement in the light of your knowledge of food chains?* More than 25 per cent of human population is suffering from hunger and malnutrition. One of the alternate sources of proteins for animal and human nutrition is **Single Cell Protein (SCP).**

Microbes are being grown on an industrial scale as source of good protein. Microbes like *Spirulina* can be grown easily on materials like waste water from potato processing plants (containing starch), straw, molasses, animal manure and even sewage, to produce large quantities and can serve as food rich in protein, minerals, fats, carbohydrate and vitamins. Incidentally such utilisation also reduces environmental pollution.

It has been calculated that a 250 Kg cow produces 200 g of protein per day. In the same period, 250g of a micro-organism like *Methylophilus methylotrophus*, because of its high rate of biomass production and growth, can be expected to produce 25 tonnes of protein. The fact that mushrooms are eaten by many people and large scale mushroom culture is a growing industry makes it believable that microbes too would become acceptable as food.

9.4 Tissue Culture

As traditional breeding techniques failed to keep pace with demand and to provide sufficiently fast and efficient systems for crop improvement, another technology called **tissue culture** got developed. What does tissue culture mean? It was learnt by scientists, during 1950s, that whole plants could be regenerated from **explants,** i.e., any part of a plant taken out and grown in a test tube, under sterile conditions in special nutrient media. This capacity to generate a whole plant from any cell/explant is called **totipotency**. You will learn how to accomplish this in higher classes. It is important to stress here that the nutrient medium must provide a carbon source such as sucrose and also inorganic salts, vitamins, amino acids and growth regulators like auxins, cytokinins etc. By application of these methods it is possible to achieve propagation of a large number of plants in very short durations. This method of producing thousands of plants through tissue culture is called **micro-propagation**. Each of these plants will be genetically identical to the original plant from which they were grown, i.e., they are **somaclones**. Many important food plants like tomato, banana, apple, etc., have been produced on commercial scale using this method. Try to visit a tissue culture laboratory with your teacher to better understand and appreciate the process.

Another important application of the method is the recovery of healthy plants from diseased plants. Although the plant is infected with a virus, the **meristem** (apical and axillary) is free of virus. Hence, one can remove the meristem and grow it *in vitro* to obtain virus-free plants. Scientists have succeeded in culturing meristems of banana, sugarcane, potato, etc.

Scientists have even isolated single cells from plants and after digesting their cell walls have been able to isolate naked protoplasts (surrounded by plasma membranes). Isolated protoplasts from two different varieties of plants – each having a desirable character – can be fused to get hybrid protoplasts, which can be further grown to form a new plant. These hybrids are called **somatic hybrids** while the process is called **somatic hybridisation**. Imagine a situation when a protoplast of tomato is fused with that of potato, and then they are grown – to form new hybrid plants combining tomato and potato characteristics. Well, this has been achieved – resulting in formation of **pomato**; unfortunately this plant did not have all the desired combination of characteristics for its commercial utilisation.